



MODULE FOUR

Attention Deficit Hyperactivity Disorder

Understanding attention deficits and hyperactivity

- Does my child have ADHD?
- Accompanying disorders
- Gender differences
- The link between ADHD and learning difficulties

Treatment

- Medication treatment
 - Side effects
 - Good results
 - Is Ritalin safe?
- Nutrition treatment
 - Balanced diet
 - Supplements
- Behaviour management
 - Parenting the ADHD child
 - ADHD in the classroom

Not only children

- Adult ADD: fact or myth?
- An overview of ADD in adults

Latest research

- Brain differences
- New eye test
- Seasonal allergies
- Diet to ease attention disorder

